

KENSAL PARK SOCCER CLUB

MoreKicks Soccer Rules -- 5 v 5 (U8)

The concept of the 5 v 5 format is to keep the players involved, while maximizing touches on the ball, maintaining a competitive level and enhancing the physical activity. These ingredients are essential to early player development. This competition will involve those children typically "lost in the crowd", or overshadowed by superior players. This format will not reward the children with the strongest shot, but rather the children who develop best ball control, work rate and team play. Remember, the ultimate reward is player skill development, optimum participation and FUN!

RULES OF THE GAME

The following rules have been designed to ensure fair play for all participants. Each coach & player is expected to understand these rules prior to participation in the games. Any questions concerning these rules should be directed to club official.

** A referee will not be provided for U8 games. A coach from one team will act as a referee and who also will direct the players and enforce the rules. **

Field Dimensions: Mini outdoor playing surface, utilizing 6 foot nets.

Offsides: There is no off sides.

No Slide Tackling: Players must stay upright and "on their feet" and may not make contact with an opposing player. This does not prevent players from sliding to stop/intercept a ball, but **NO contact** can be made with opposing players.

Goal Scoring: A goal may only be scored from a touch (offensive or defensive) within a team's offensive half of the field (Ball must be completely on the offensive half of the field: Cannot be touching the mid-line). All offensive players must be on the offensive half of the field.

Game Duration: The game shall consist of two 20-min. halves. There are no time-outs during games.

Playoffs: There is no play-offs

Penalty Kicks: There is no penalty kicks.

Kick Ins: The ball shall be kicked into play from the sideline instead of thrown in. Throw ins will be introduced as the season progresses.

Indirect Kicks: All dead-ball kicks (kick-ins, free kicks, kick-offs) are indirect.

Goal Kicks: May be taken from any point in the goal box.

Kick Off: Must be passed back to a team mate.

Number of Players: The number of players on the field is 4 plus a goalie. There are goalkeepers in 5 v 5 soccer. Substitutions must occur on the fly and each player is expected to receive equal time.

Sportsmanship: Good sportsmanship is to prevail at all times. Coaches will be held responsible for the conduct of themselves, their players, players' parents and spectators.

Important Note: Parents/Caregivers must stay at the field at all times. Please do not drop off your child and leave!

Soccer is played in the rain! Practices/games will be stopped if lighting is visible. Any games canceled due to weather will be not be rescheduled.